

FIG. 1

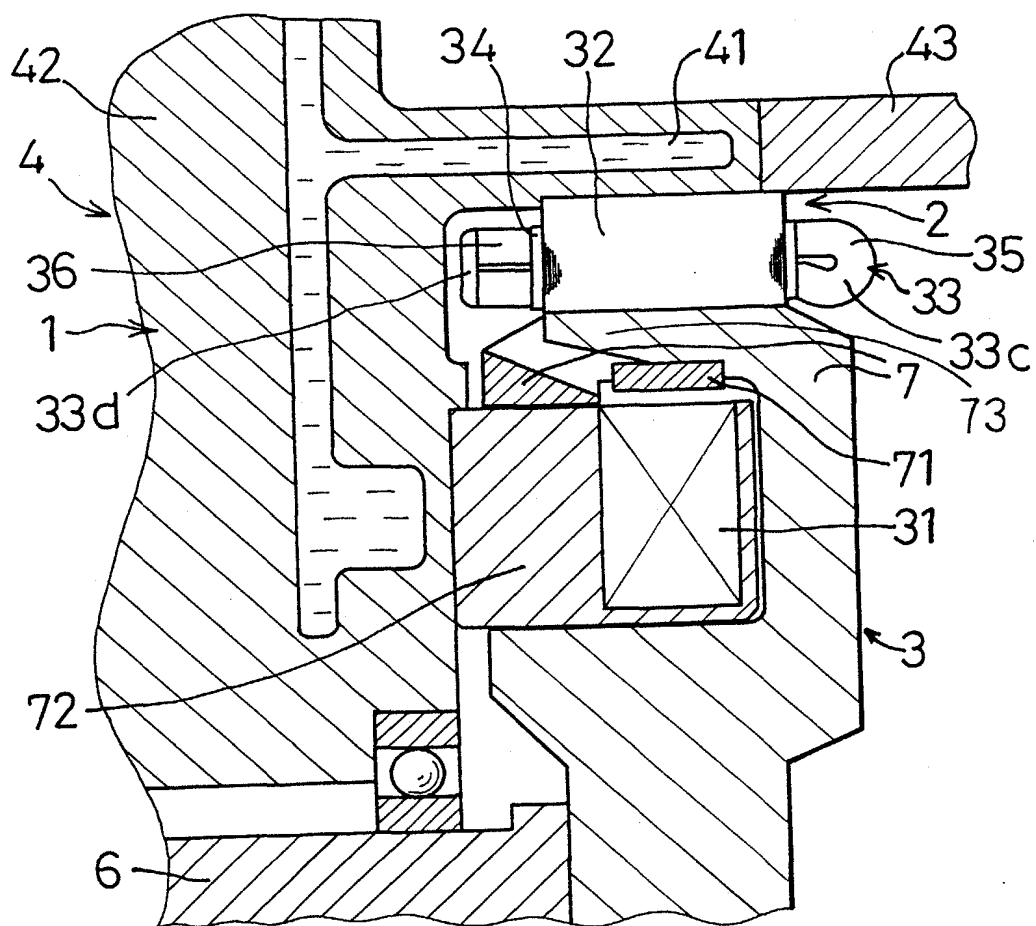


FIG. 2

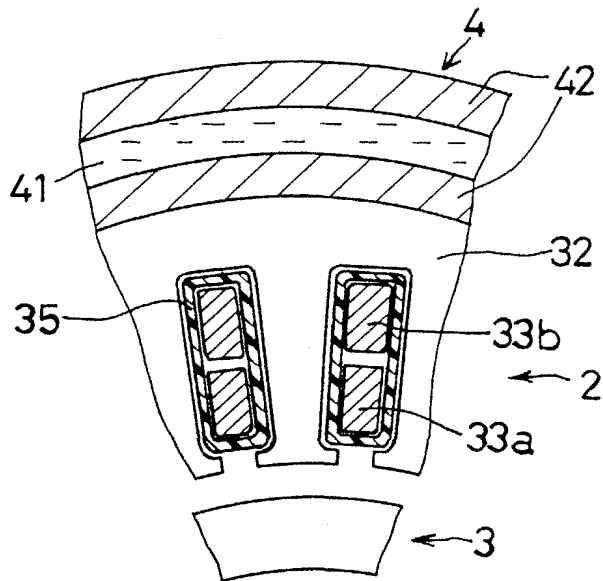


FIG. 3

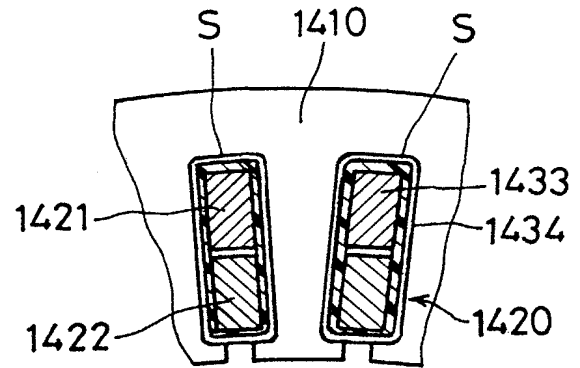


FIG. 4

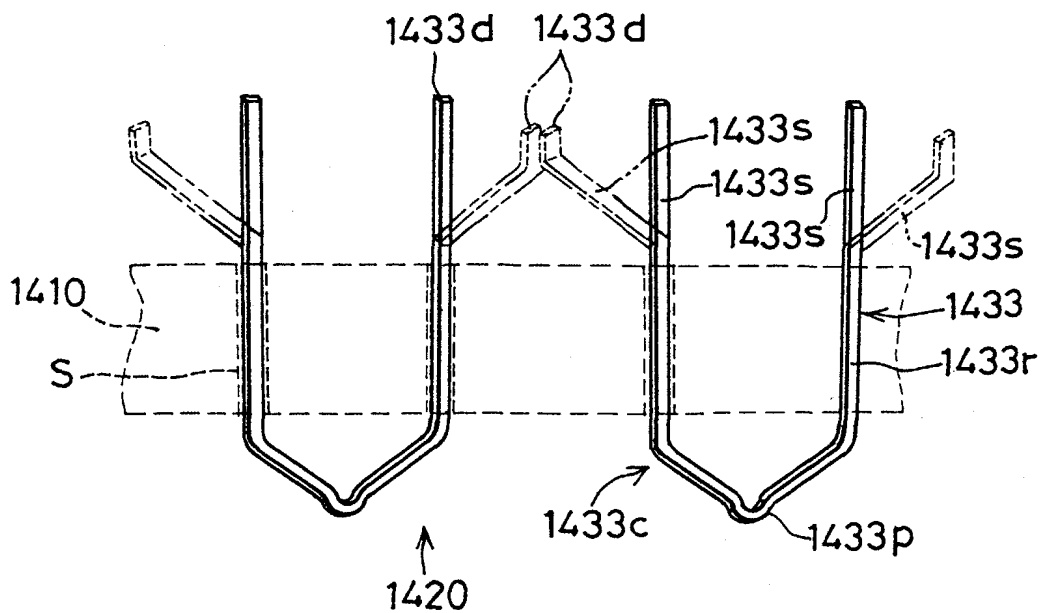




FIG. 7

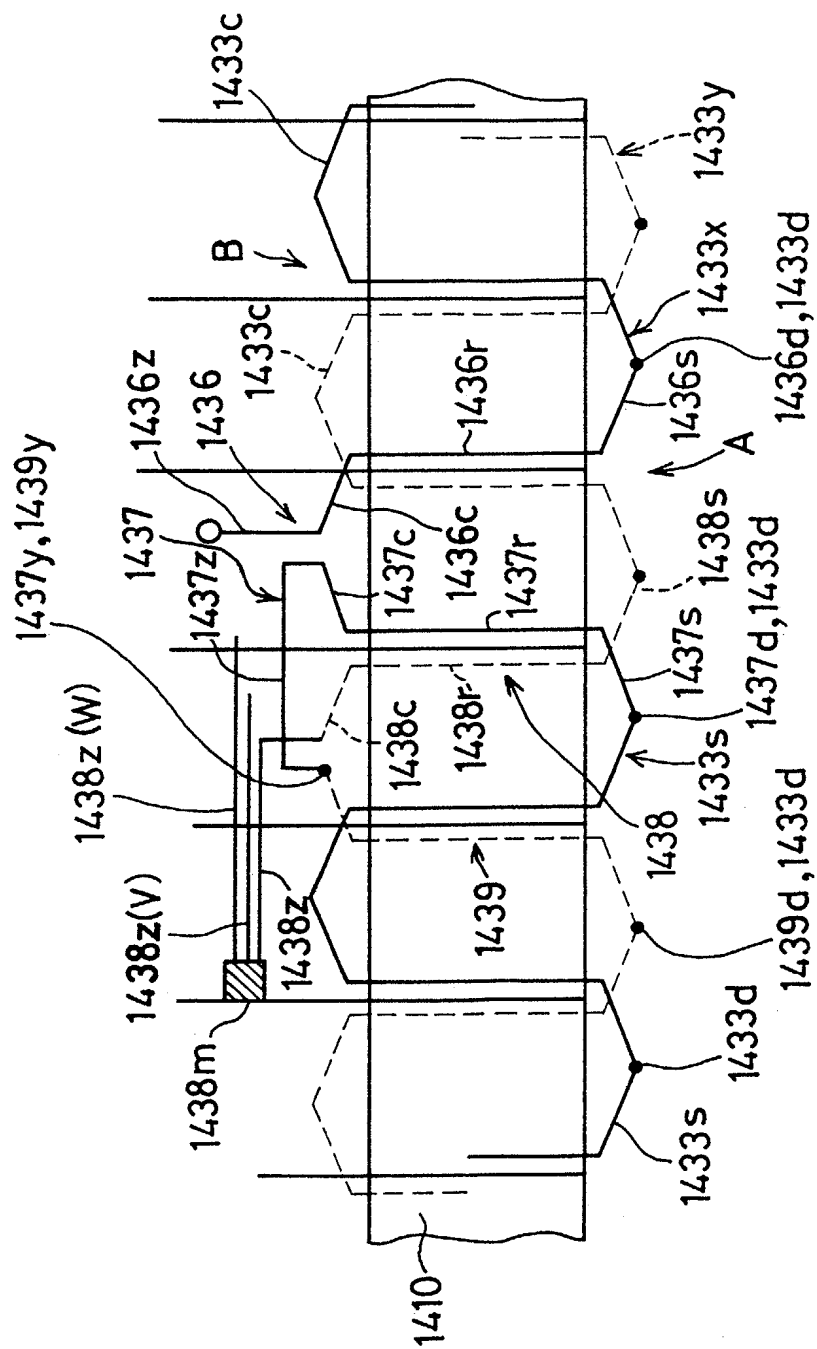


FIG. 8

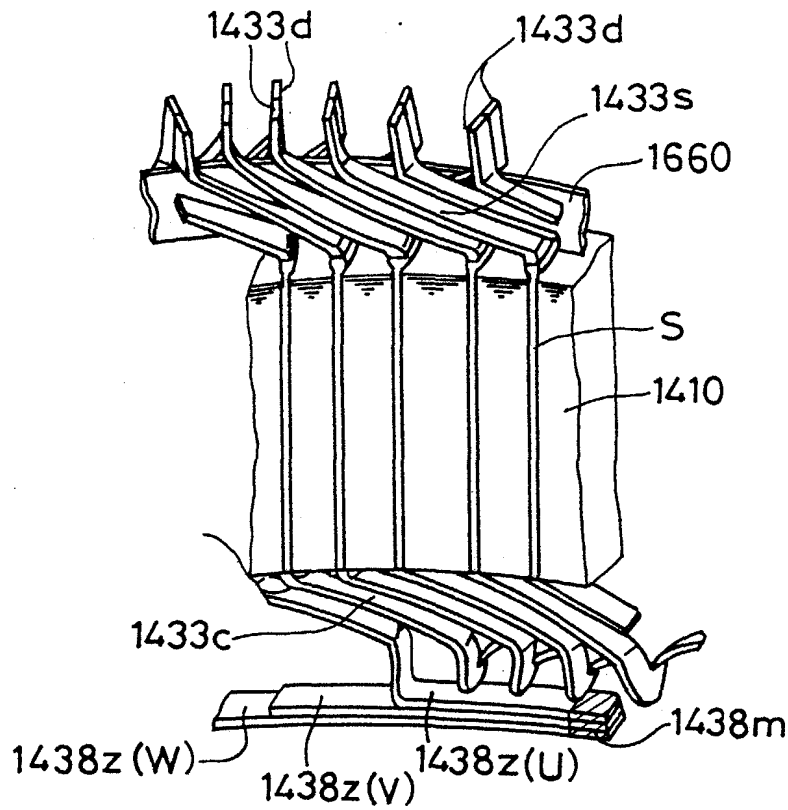
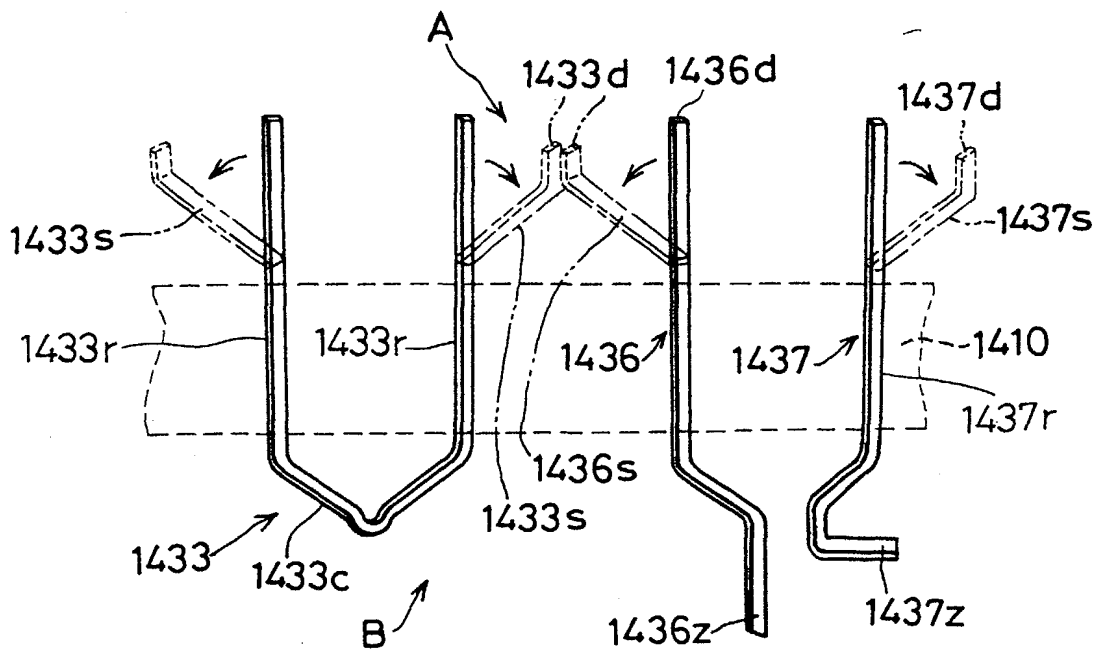
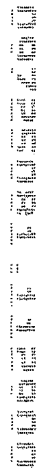


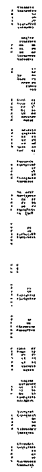
FIG. 9



Variable	Mean	SD	Min	Max
Age	34.5	10.2	18	65
Gender	50%	50%	Male	Female
Marital status	75%	25%	Married	Single
Education	12.5	2.5	9	16
Income	3500	1500	1000	8000
Occupation	30%	70%	Manager	Worker
Health status	85%	15%	Good	Poor
Smoking status	40%	60%	Smoker	Non-smoker
Alcohol consumption	20%	80%	Drinker	Non-drinker
Exercise frequency	3	2	0	5
Stress level	4.5	1.5	1	7
Sleep quality	3.5	1.0	1	5
Appetite	4.0	1.0	1	5
Mood	3.0	1.0	1	5
Energy level	3.5	1.0	1	5
Concentration	3.0	1.0	1	5
Memory	3.0	1.0	1	5
Emotional stability	3.5	1.0	1	5
Resilience	3.0	1.0	1	5
Optimism	3.5	1.0	1	5
Gratitude	3.0	1.0	1	5
Forgiveness	3.0	1.0	1	5
Compassion	3.0	1.0	1	5
Patience	3.0	1.0	1	5
Kindness	3.0	1.0	1	5
Generosity	3.0	1.0	1	5
Humility	3.0	1.0	1	5
Modesty	3.0	1.0	1	5
Shyness	3.0	1.0	1	5
Introversion	3.0	1.0	1	5
Extroversion	3.0	1.0	1	5
Sociability	3.0	1.0	1	5
Communication	3.0	1.0	1	5
Interpersonal skills	3.0	1.0	1	5
Leadership	3.0	1.0	1	5
Teamwork	3.0	1.0	1	5
Conflict resolution	3.0	1.0	1	5
Problem-solving	3.0	1.0	1	5
Decision-making	3.0	1.0	1	5
Time management	3.0	1.0	1	5
Organization	3.0	1.0	1	5
Productivity	3.0	1.0	1	5
Efficiency	3.0	1.0	1	5
Quality of work	3.0	1.0	1	5
Job satisfaction	3.0	1.0	1	5
Work-life balance	3.0	1.0	1	5
Overall well-being	3.0	1.0	1	5



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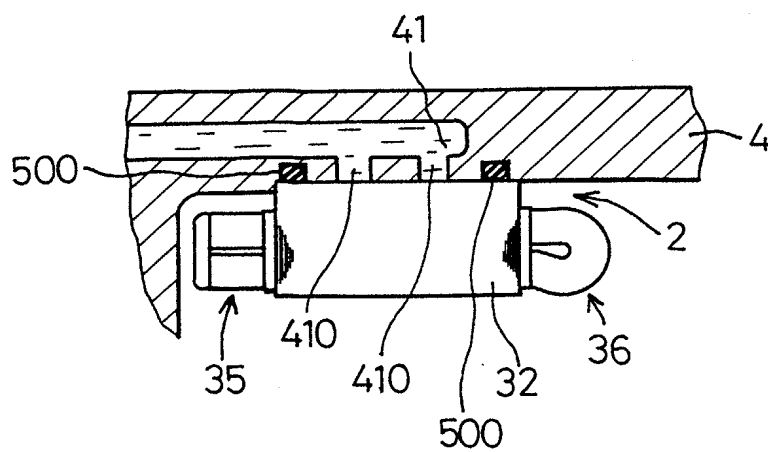


FIG. 13

